

*Our compassionate staff fosters the child within and coaches them by generalizing to the natural setting of the task at hand.*

*The children are challenged and encouraged while engaging in activities with their peers to shine bright and be all they can be in small group settings.*

**The Creative Expressions Kid's Club & Parent Learning Program©**

is a unique program designed for children to meet their social, emotional, and therapeutic needs. The goal is to foster the child's self esteem and to teach them how to build inner-peace through multi-sensory playgroups, engaging activities, and yoga. Parents learn tools to help their children as they are introduced to traditional and alternative therapies that may benefit their child. The key to the success of this program is that the tools and techniques learned follow through to the home environment.

Children learn how to build relationships with their peers based on follow-the-lead structure and exploration. They are encouraged to go further outside their general area of interest. They receive the support, guidance, love, and tools to socially interact outside their world.

**Indigo Impressions LLC**  
PO Box 501, Speonk, NY 11972-0501  
Phone: 631-926-8572  
Fax: 631-325-1085  
Email: [meghanspd@yahoo.com](mailto:meghanspd@yahoo.com)

[WWW.INDIGOIMPRESSIONS.NET](http://WWW.INDIGOIMPRESSIONS.NET)  
[WWW.MEGHANSTRIUMPHOVERSPD.COM](http://WWW.MEGHANSTRIUMPHOVERSPD.COM)



**Creative Expressions Kid's Club & Parent Learning Program©**

**Warning ...**  
**Kids will get messy & have lots of fun!**

**Indigo Impressions LLC**  
**383A Main Street**  
**(rear room)**  
**Center Moriches, NY**

*Giving inspiration & hope to families living in an over stimulating world.*

## Class Schedule

Classes are 1 – 1 ½ hours long

Creative Expressions Kid's Club & Parent Learning Program: 11 Week Sessions – Fridays, 6-7:30pm \$270 (includes healthy snack & handouts)

Creative Expressions Kid's Club (no parent learning program): 6 Week Sessions – Saturdays, 10-11am \$125

Meditation & Parent Support/Learning – Monthly (\$10 for non Kid's Club & PLP parents)

**\*check [www.IndigoImpressions.net](http://www.IndigoImpressions.net) for dates & more information on other informative & educational lectures**

### The Meditation & Parent Support/Learning

#### Program

provides parents and caretakers an atmosphere of relaxation and support in a positive group setting. Like-minded parents learn about traditional and alternative therapies that may benefit their child. Diane understands the stress of loving and raising a special needs (differently-abled) child. At each meeting, she shares what has worked for her family in addition to giving an outlet for others to share their knowledge as well. Inspirational and informative speakers join in each month to inspire and educate us on various topics. (\$10 for non Kid's Club Parents)

## Our inspiration is to reach each child's potential in their own unique manner at their own pace.

Many children with social and learning disabilities have some kind of dysfunction with sensory integration. Their brains misinterpret everyday sensory information they receive from their environment through their sense of sight, smell, sound, taste, touch, as well as their movement and positional senses. These misconceptions affect the way their brain interprets this information with social, attentional, motor and other responses.

When the brain is not healthy, the body is not healthy. The brain is what tells our body what to do. Therefore, the healthier our brains are, the healthier our bodies will be when we are faced with outside sensory burdens from the environment. Children need sensory input and experiences to grow and learn.

Kid's Club provides children with a multisensory environment that stimulates their senses and assists them with strengthening their brain's ability to absorb and act on sensory information.



**All children need sensory input & experiences to grow & learn.**

## Diane M. Renna

Certified Yogakids® Foundations Teacher  
Author of "Meghan's World: The Story of One Girl's Triumph over Sensory Processing Disorder"



Advocating & raising awareness of SPD at SENSORY SHOWTIME \* October 2009.

### Inspired by her family's triumphant journey over Sensory Processing Disorder, Diane M.

Renna had a vision to create sensory-enriched programs that help children and families suffering with sensory processing disorders and related issues. She understands the family stress and high demands that it takes to raise a child faced with special needs. So through her faith and compassion, Indigo Impressions LLC was birthed. Diane wants parents and teachers to understand what these children go thru on a daily basis and she wants to bring them hope, knowledge, and the tools to succeed in their daily life. She wants to share what worked with her family. She feels it is important for families to connect in a loving, safe atmosphere together and also feel the need for families to find respite separately.